Application Form for Kriya Yoga Initiation

Yogiraj Prakash Shankar Vyas (Guruji)

How to send this form

You can type your answers into this form, or print it, fill it in by hand and scan or photograph it.

Email the completed form to **seekers@kashikriyavolunteers.com**, with your full name in the subject line. There is no need to write to us first.

Please answer every question as fully as you can. These questions are simply provided so that you can introduce yourself to Guruji.

Before you apply

Please check that you can answer 'yes' to the following four questions.

1. Are you completely free of alcohol (including rare or social drinking), smoking and any kind of drugs? If not, are you prepared to give these up before you take the Preparatory Practice?

☐ Yes ☐ No

> Guruji places great emphasis on this and insists on it before Preparatory Practice can be given. On the path of Kriya Yoga it is important to free the mind and energies for higher, clearer thinking.

2. Are you able to come to initiation if Guruji invites you?

☐ Yes ☐ No

> To apply for Kriya Yoga initiation, you need to be able to travel to where Guruji is giving initiation. Usually this means coming to the Kashi Kriya Yoga Centre near Melbourne, Australia. Guruji also gives initiation in Italy and India from time to time. If you live in Europe or India and are unable to travel to Australia, you may ask for your application to be considered for the next time Guruji gives initiation there.

3. Have you read *Kriya Yoga: Four Spiritual Masters and a Beginner* by Heidi Wyder?

☐ Yes ☐ No

> Guruji recommends that seekers read this book before applying. It partly acts as an introduction to him, and answers many of the questions beginners to the Kriya Yoga path often ask. It also contains the biographies of Lahiri Mahasaya and his family lineage, who were also great spiritual masters. If you have not read it yet, please visit www.kriyasource.com.

4. If you are a practitioner of another form of meditation, tai chi, Reiki or any other form of alternative healing involving 'energy work', can you commit to letting these go so that you can focus all your energies on Preparatory Practice (and solely on Kriya Yoga after initiation)?

☐ Yes ☐ No

> Guruji explains that the practice of Kriya Yoga requires full commitment and energy. If you practise any of the above (or something similar), you may be asked to give it up before you can receive Preparatory Practice. If you are in any doubt, or if it is part of your occupation, please tell Guruji in your answers.

Your details

Date of application	
Title (e.g. Mr, Mrs, Ms, Dr)	
First name(s)	
Family name (surname)	
Name you like to be called	
Date of birth	
Gender	
Street address	
Town or city	
State / province / county	
Postcode	
Country	
Mobile phone (with country code)	
Home phone (with country code)	
Email	
Occupation	
Languages you speak	

How well do you understand spoken and written English?

☐ Fluent ☐ Good ☐ Basic

Is your immediate family supportive of you practising Kriya Yoga?

☐ Yes ☐ No ☐ Not applicable

About you

Your home life (including your relationships and family):

Your working life:

Do you have any physical or health problems? Please give details.

Do you have any mental or emotional problems? Please give details.

Please give details of any past history with smoking, alcohol or other drugs:

Your spiritual journey

How did you hear about Guruji?

What yoga or meditation have you learned in the past, and from which teachers or organisations?

Have you ever received Kriya Yoga initiation, or any other initiation? If so, please give details.

Are you practising any yoga or meditation at present? If so, which method(s), and how often?

Kriya Yoga and Guruji

What do you see as the benefit of learning the original Kriya Yoga?

What is your motivation in wanting to meet Guruji?

What do you understand to be the purpose of having a spiritual Guru?

How do you feel about the commitment that Kriya Yoga involves, including practising for at least one hour twice a day?

Finally

Is there anything else you would like Guruji to know about you?

If you are invited to initiation, where would you travel to receive it? (Feel free to tick more than one box.)

☐ Melbourne, Australia ☐ Italy ☐ India

Thank you.

Once Guruji has read your application, we will contact you.

Your privacy

Your form is passed to Guruji, who reads it himself. As disciples help Guruji with his emails, it may also be seen by a few close disciples. Your form is not stored on any website, and your details will never be passed on to a third party.

While you wait

Please be patient while you wait for a reply. Guruji has no office or secretary, and the disciples who help him do so as Guru-seva (service to Guru) in their spare time. If you have not heard back within three to four weeks, please email **seekers@kashikriyavolunteers.com** again.